

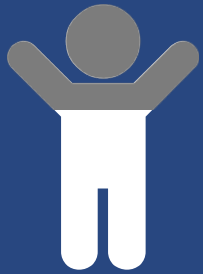
# DOES COUNSELLING WORK?

A RESEARCH STUDY BY TRUTHCOUNSELLINGNEWCASTLE.CO.UK

TRUTH COUNSELLING  
Newcastle



75%



**HAPPY**

With Their Overall  
Experience Of  
Counselling

#1



**PROBLEM**

Finding The Right  
Counsellor

#1



**BUYING  
CONCERN**

Counsellor  
Competence

38%



**AGREE**

Their Issue Was  
Resolved By  
Counselling